



Job title	<i>Psychotherapist/Licensed Clinical Therapist (LCSW/LCPC/LMFT)</i>
Reports to	<i>Clinical Director</i>
Status	<i>FTE/PT</i>

Job purpose

At Wellness Home Behavioral Health we integrate mental health as an essential component of a holistic approach to health care. The Psychotherapist/Licensed Clinical Therapist (“Therapist”) is responsible for providing integrative comprehensive mental health services to patients of the Wellness Home Behavioral Health practice under the direction of the Behavioral Health Clinical Director and the Medical Director. The Therapist will provide evidence-based, trauma-informed clinical care services and support to patient referrals. The Therapist will work closely with members of the Behavioral Health and Primary Care teams to provide integrated, holistic mental health services to patients. The Therapist will understand and embrace the bio-psycho-social care model of care to help ensure the total physical and mental health of our patients. In this role, the Therapist would be comfortable and have experience in serving persons of color and self-identifying members of the LGBTQ+ and/or non-exclusive relationships (such as open or polyamory).

Duties and responsibilities

The primary duties and responsibilities of the Therapist are as follows:

- Conduct patient clinical assessment and establish therapy treatment goals.
- Maintain a caseload of 25-30 clients. *(P/T 10-15 clients)*
- Interpret patient's self-report of behavior and/or appropriate psychological tests.
- Focus on the restoration or improvement of the physical, social, and mental functioning of the patient.
- Administer individual and group therapy to teens, adults, and/or seniors.

- Ensure group program components are appropriate to the needs of the client population.
- Provide psychotherapy for clients seeking to address a variety of concerns.
- Maintain thorough and confidential records of observations.
- Evaluate progress and effectiveness of therapy interventions.
- Provide patient with information regarding resources and therapeutic activities in the community.
- Work directly with the patient, physician, and community providers to ensure active and collaborate care from the initiation of treatment to the time of discharge.
- Focus on ways in which patients respond to their environment (behavior), and provide opportunities for them to learn healthy behavior in specific and observable ways, leading to a positive outcome (health).
- Implement/modify the treatment plan as appropriate to meet identified patient needs.
- Participate in weekly case conferences with care team.
- Initiate appropriate interventions for assigned patient/patient population.
- Assess and refer patients who present in crisis (SI, HI, or SMI).
- Provide clinical supervision towards licensure of others.
- Document all therapeutic care information in patient electronic medical records.
- Maintain clinical records and progress notes through our EHR and create individualized treatment plans for each case.
- Respond to emails and phone calls within 24 business hours.
- Improve quality of life for patients and answer patient questions
- Maintain patient confidentiality at all times, including discretion in discussing treatment in the proximity of other patients and/or visitors.
- Maintain professional development through participation in Continuing Medical Education (CME) events.
- Perform other job-related duties as assigned by Clinical Director or Chief Wellness Officer.

Qualifications

- Applicants must hold Master's degree or higher in social work, professional counseling, clinical psychology, or marital and family therapy and must be licensed in Illinois as an LCSW, LCPC, LMFT, or Clinical Psychologist (Psy.D or Ph.D) OR become licensed within 6 months from the start date.
- A minimum of two (2) years of experience in a private practice/outpatient setting.
- Must have experience evaluating, diagnosing, and treating mental health disorders in an outpatient setting, and must be passionate about ongoing learning.
- Experience utilizing trauma-informed, harm reduction, and strength-based approaches.
- Must be able to demonstrate strong communication, organization, and written skills.

- Demonstrated experience working with culturally diverse and underserved populations.
- Understanding of evidence-based practices and application to vulnerable populations including Harm Reduction, Motivational Interviewing and Medication Assisted Treatment and Crisis Assessment.

Additional Knowledge, Skills and Abilities Required:

- Knowledge and understanding of target populations (LGBTQ+/POC/underserved) and related issues.
- Must have experience facilitating group and individual counseling sessions.
- Ability to function autonomously as a mental health clinician.
- Commitment to confidentiality, ethics and a culturally sensitive approach to counseling is required.
- Ability to communicate and problem solve effectively with diverse audiences.
- Ability to work independently and as part of a team.
- Strong team building and interdisciplinary communication skills
- Excellent written and verbal skills are required.
- Ability to develop and manage interpersonal relationships
- Ability to exercise absolute discretion regarding confidential matters
- Ability to follow written and/or verbal instructions
- Ability to give directions
- Ability to handle sensitive matters with tact and discretion
- Ability to handle stressful situations

The above information on this description has been designed to indicate the general nature and level of work performed by employees in this position. It is not designed to contain or be interpreted as an exhaustive list of all responsibilities, duties and qualifications required of employees assigned to this job.

Salary range: DOE + benefits

Working conditions

This position is based in an office environment. Some clients may be seen via telehealth. Must be available to work some evenings and weekends.

Direct reports

None.

Baal Perazim Wellness is an Equal Employment Opportunity/Affirmative Action Employer and does not discriminate on the basis of race, color, creed, religion, sexual orientation, sex, age, national origin, gender, gender identity, genetic information, uniform service, protected veteran status or disability, or any characteristic protected by federal, state, or local law with respect to employment opportunities.